

# Every Kid Healthy Week

Dear Parents/Gaurdians,

During the week of April 22, 2019 our Friends of Newberry will be hosting Every Kid Healthy Week.

What is Every Kid Healthy Week?

Every Kid Healthy Week is an annual observance created in 2013 to celebrate school wellness achievements. Observed the last week of April each year, this special week, which is recognized on the calendar of National Health Observances, shines a spotlight on the great initiatives schools are implementing to improve the health and wellness of their students. The week also provides an opportunity for everyone in the country to get involved in a celebration to help support sound nutrition, regular physical activity and health-promoting programs in schools.

Students will have the opportunity to taste test fruits, vegetables, and other healthy foods during their lunch time. Please return this permission form back to your child's teacher by April 22, 2019.

I give permission for my child \_\_\_\_\_ to participate in food tasting activities.

**Please check one of the following:**

\_\_\_\_\_ My child **DOES NOT** have a food allergy or dietary restriction. He or she may participate.

\_\_\_\_\_ My child **DOES** have a food allergy or dietary restriction. He or she may participate, but may not eat or handle the following items (please list below)

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_ My child **DOES have a food allergy** or dietary restriction. He or she **may not participate** in activities.

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date