

May 9th, 2017

Newberry Families,

The teenage years are typically marked by turbulent emotions and stress. The Netflix series "13 Reasons Why" has highlighted the impact and consequences when friends, parents, teachers and school counselors aren't aware of or don't know how to intervene when a student needs help.

Often mental health struggles come to light only in the public extremes, when an outburst or tragic event or television show forces us to stop and ask "Why?" Because it is not a physical disability but involving brain chemistry, mental illness is often a private struggle that hides in the corners of our school hallways.

It is encouraged, if your child has viewed this series, to engage them in conversation about the series. The series addresses difficult topics and, at times, is graphic. You are encouraged to watch the program with your child to facilitate such conversations. It is also recommended that you closely monitor their use of social media.

Additionally, here are a few recognizable warning signs, such as:

1. changes in school performance (e.g. grades, attendance)
2. changes in mood
3. complaints of illness
4. increased disciplinary problems at school
5. problems experienced at home or family situations (stress, trauma, divorce, substance abuse, poverty, domestic violence)
6. communication from teachers about problems at school
7. dealing with existing mental health concerns

Newberry is not encouraging or discouraging that our students watch series; this is a family decision.

Sincerely,



Linda Foley
Principal
Newberry Math & Science Academy



Nicole Corbiere
School Counselor



SUMMER MEALS COMIDAS DE VERANO



ALL CHILDREN 18 AND UNDER.

Available to all families.

TODOS LOS NIÑOS DE 18 AÑOS Y MENOS.

Disponible para todas las familias.

FREE! **HEALTHY AND NUTRITIOUS SUMMER MEALS** are available for children (18 and under) when school is out. Find a site close to you. Call or text the numbers below.

GRATIS! **COMIDAS DE VERANO SALUDABLES Y NUTRITIVAS** se ofrecen para niños y jóvenes menores de 18 años cuando termina la escuela. Para encontrar un lugar con comidas de verano más cercano a usted, llame o marque a los números siguientes.

CALL/LLAME (800) 359-2163

TEXT **FoodIL** TO **877877** ENVIE **ComidasIL** A **877877**

or visit **SummerMealsIllinois.org**

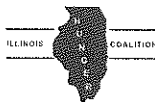
Free Summer Meals are part of the Summer Food Service Program funded through the U.S. Department of Agriculture and administered by the Illinois State Board of Education.



Illinois
State Board
of Education



FOOD SERVICE PROFESSIONALS



SUMMER MEALS



CHICAGO HOUSING
AUTHORITY

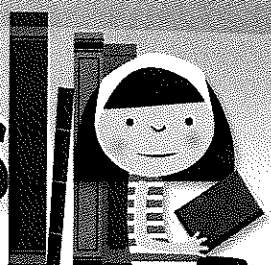


This institution is an equal opportunity provider.

@SUMMERMEALSIL

SUMMERMEALSILLINOIS

Summer Reading Skills PROGRAMS



CLASSES OFFERED IN CHICAGO, EVANSTON, and WILMETTE

Program for 4-Year-Olds and Entering Kindergartners

In this fun summer program, your child will learn to read. Children learn letter recognition, beginning phonics, and easy sight words. Your child will learn to read simple words and short sentences and will be excited about books and reading.

Program for Entering 1st Graders

In this fun summer program, your child will learn to read independently. Children learn phonics and sight words, build fluency and comprehension, and develop a love of books and reading. Your child will be excited about reading and get off to a great start in first grade.

Program for Entering 2nd Graders

In this fun summer program, your child will become a fluent, confident reader. Children build solid phonics and word-attack skills and develop reading fluency and strong comprehension. Your child will be excited about books and reading and get off to a great start in second grade.

Program for Entering 3rd Graders

In this fun summer program, your child will become a fluent, confident reader. Children develop long-word decoding skills, reading fluency, and excellent comprehension. Your child will develop a lifelong love of books and reading and get off to a great start in third grade.

Program for Entering 4th Graders

Program for Entering 5th Graders

In these fun and effective summer programs, your child will become a skilled, enthusiastic reader. Students develop strong comprehension skills in both fiction and non-fiction and learn how to read and study textbooks. Your child will gain confidence and develop a lifelong love of books and reading.

Program for Entering 6th-8th Graders

Program for Entering 9th-11th Graders

In these effective and enjoyable summer programs, your child will improve comprehension in both fiction and non-fiction and learn to read twice as fast. Students in these programs learn the best way to read textbooks, take notes, and study for tests. Your student will complete homework more quickly and easily, get better grades, and enjoy reading more.

FOR MORE INFORMATION OR TO REGISTER

Call 1-800-978-9596

Mon.-Fri. 7am-9pm, Sat. 7am-6pm and Sun. 9am-5pm

PLEASE SEE REVERSE SIDE FOR CLASS SCHEDULE



NORTHERN ILLINOIS UNIVERSITY
Credentialing & Non-credit Programs
Division of Outreach, Engagement
and Regional Development



Phonics

Fluency

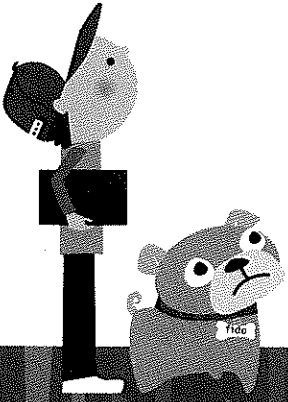
Comprehension

Love of Reading

Textbook Skills

Speed Reading

Source Code: 300-17-39190



Teachers

These popular classes are taught by instructors from the Institute of Reading Development and offered locally through NIU Outreach.



"I would like to thank you for such a positive outcome with my son James. He learned skills that have translated into wonderful grades, and more importantly, have given him more confidence in his reading abilities. He has actually asked to go to the library to pick out a book!"

- Parent of 4th grader



Class Schedule

All programs meet once each week. Tuition varies by program grade. Please ask about our family discount.

Choose the grade your child will enter in Fall 2017.

EVANSTON: Roycemore School, 1200 Davis Street.
4-year-old & K: Sat., June 17-July 15, 8:30am-9:45am
1st Grade: Sat., June 17-July 15, 10:15am-12:15pm
2nd Grade: Sat., June 17-July 15, 1pm-3pm
3rd Grade: Sat., June 17-July 15, 3:30pm-5:30pm
4th Grade: Sun., June 18-July 16, 3pm-5:15pm
5th Grade: Sun., June 18-July 16, 12pm-2:15pm
6th-8th Grades: Sun., June 18-July 16, 9am-11:30am
9th-11th Grades: Sun., June 18-July 16, 12pm-2:30pm
12th Grade & Adults: Sun., June 18-July 16, 3pm-5:30pm

CHICAGO (NORTH SIDE): On campus at DePaul University, Lincoln Park Campus.
4-year-old & K: Sat., July 22-Aug. 19, 8:30am-9:45am
1st Grade: Sat., July 22-Aug. 19, 10:15am-12:15pm
2nd Grade: Sat., July 22-Aug. 19, 1pm-3pm
3rd Grade: Sat., July 22-Aug. 19, 3:30pm-5:30pm
4th Grade: Wed., July 19-Aug. 16, 8:30am-10:45am
5th Grade: Wed., July 19-Aug. 16, 11:15am-1:30pm
6th-8th Grades: Wed., July 19-Aug. 16, 2pm-4:30pm
9th-11th Grades: Wed., July 19-Aug. 16, 5pm-7:30pm

More reading classes are scheduled at nearby locations.

WILMETTE: Baker Demonstration School, 201 Sheridan Road.
4-year-old & K: Sun., July 23-Aug. 20, 10am-11:15am
1st Grade: Sun., July 23-Aug. 20, 11:45am-1:45pm
2nd Grade: Sun., July 23-Aug. 20, 11:45am-1:45pm
3rd Grade: Sun., July 23-Aug. 20, 2:15pm-4:15pm
4th Grade: Sun., July 23-Aug. 20, 2:15pm-4:30pm
5th Grade: Fri., July 21-Aug. 18, 12:30pm-2:45pm
6th-8th Grades: Fri., July 21-Aug. 18, 9:30am-12pm
9th-11th Grades: Wed., July 19-Aug. 16, 3:30pm-6pm
12th Grade & Adults: Wed., July 19-Aug. 16, 6:30pm-9pm

CHICAGO (NORTHWEST): St. John's Lutheran School, 4939 West Montrose Avenue.
4-year-old & K: Sat., June 17-July 15, 8:30am-9:45am
1st Grade: Sat., June 17-July 15, 10:15am-12:15pm
2nd Grade: Sat., June 17-July 15, 1pm-3pm
3rd Grade: Sat., June 17-July 15, 3:30pm-5:30pm
4th Grade: Sun., June 18-July 16, 12:15pm-2:30pm
5th Grade: Sun., June 18-July 16, 9:30am-11:45am
6th-8th Grades: Sun., June 18-July 16, 3pm-5:30pm
9th-11th Grades: Sat., June 17-July 15, 1pm-3:30pm

CHICAGO (NORTHWEST): St. John's Lutheran School, 4939 West Montrose Avenue.
4-year-old & K: Fri., July 21-Aug. 18, 10am-11:15am
1st Grade: Fri., July 21-Aug. 18, 11:45am-1:45pm
2nd Grade: Fri., July 21-Aug. 18, 2:15pm-4:15pm

FOR MORE INFORMATION OR TO REGISTER

Call 1-800-978-9596

Mon.-Fri. 7am-9pm, Sat. 7am-6pm and Sun. 9am-5pm

These programs are not affiliated with the NIU College of Education Jerry L. Johns Literacy Clinic.

INQUIRE EARLY! CLASS SIZE IS LIMITED.

