

Students have a lot on their minds.  
Stress Less, **Newberry's Parent Workshop Series** is here to help.

**Come to the 1st Parent Workshop**  
*sponsored in conjunction with* **The LeaderinMe**

# Stress Reduction and Stress Management for Students

**Tuesday, February 21st, in the Library**  
**6:00 – 8:00 PM**

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**Supervision for Kids will be in the Gym.**

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*Dinner will be served.*  
Send RSVP below **OR** provide via  
email to [DenParents@gmail.com](mailto:DenParents@gmail.com)

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**RSVP** to help us get accurate counts.

Yes, I will attend.

Name \_\_\_\_\_

Parent/Guardian of \_\_\_\_\_

# Adults to attend \_\_\_\_

# Students to be supervised in gym \_\_\_\_

