



Black Girls Rock...All Girls Rock

There are so many confusing and scary feelings, thoughts, and behaviors that are all part of growing into beautiful strong women! Here in the Black Girls Rock...All Girls Rock Mentoring Program, we strive to help these transformative years become a bit easier; with great role models to help in some of the ways proven to be challenging as growing young women. We hope to empower these young women become upstanding women and participants in our society. In a course of 7 months we will embark together on the journey of the following topics:

- November - Enrollment, Overview, Informational Session
- December - Sisterhood, Self-Respect and Respecting others
- January – Feeding and Living our Goals
- February – Verbal Communication (Tones), and Non-verbal Communication (Body language).
- March – Conflict resolution
- April – Personal Care, Hygiene, and Positive Body Images
- May – Social Media do's and don'ts
- June – Appropriate relationships with the opposite sex

Meeting times will be every 2nd and 4th Tuesday after school between 2:50-3:50pm, unless otherwise noted. We will meet in the auditorium. Every child will need to be picked up by 4:00pm by an authorized person.

I, _____ give permission for my child

_____ to participate in the Black Girls Rock Mentorship program at Newberry Academy. In Case of Emergency please contact the following:

_____ Phone number _____

(Authorized pick up)

_____ Phone number _____

(In case of emergency)

Parent/Guardian email and phone number

For more information, please contact Mrs. Jasmine Alexander or Mrs. Giovanni Broughton

jae3867@yahoo.com or 312-566-8034 (Feel free to text) broughton1269@gmail.com 312-574-0601

MISSION is to assist young ladies in 4th – 8th grades build confidence and character using their voices and talents, to become effective leaders, caring citizens and self-aware of themselves and communities.

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We would like to take this opportunity to get some feedback about one of your students who is participating in the Black Girls Rock...All Girls Rock Mentorship program. Please answer the following questions based on your experience with the student. Thank you in advance.

1. Have you noticed any changes in the student since joining the group?
(Changes include, leadership qualities, attitude changes positive or negative, thinking win-win, being more responsible/proactive?)

2. Are there any behaviors that need more work in your opinion?

3. Would you say the student able to communicate more effectively when faced with a challenge?

Any additional comments: